

ANNIVERSARY OR OUR DEPARTED FOR THIS SUNDAY

<u>DAY</u>	<u>NAME OF THE DEPARTED</u>	<u>ANNIVERSARY</u>
20	Assad Habib	59
20	Wilfred Aboussafy	30
20	Fawzi Kaileh	22
20	Nagib Abboud	11
21	Nicole Haber	10
21	Jalil Baliseh	36
21	Bulos Qaqish	35
22	Simon Younes	30
22	Mozine Ghantouce-Moubayed	26
22	Laurice Abdul-Nour	25
23	Katie Hinn	6
23	Albert Haddad	9
23	Lenia Chamandy	51
23	John Durzi	51
23	Kamal Al-Far	28
23	Ely Georges Hambly	65
24	Violette Abdallah	15
25	Effie Aziz	22
26	Mounif Khouri	28

- **Please**, pray for the health of the following parishioners: Ellen, Robert, Alex, Sam, Elias, Nassar, George, Nina, Sonia, George, Beshara, Irene, Nadia, Christine, Toni, George, Helena and Rami.

ETERNAL LIGHTS

- **Feb 26:** in loving memory of Alex and Violette Kodsi from Fouad Kodsi and family
- **Mar 12:** in loving memory of Yvonne Younes from her family.

**PRISON MINISTRY**

- On Saturday, April 1, 2023 a small group from St. George will be going to Toronto South Detention Centre to hand out Easter packages to the over 1,300 inmates. This will be our 18<sup>th</sup> annual visit to this maximum-security prison. Those who are interested in participating in this blessed ministry, please contact Diane Younes at 416-464-5908. Financial donations would be greatly appreciated.

## HOMESCHOOLING GROUP

- The Orthodox Christian Homeschool (OCH) Group will begin meeting on January 12, 2023 (10:30 am) for homeschool support. Anyone wanting information about homeschooling can email [ochstgeorge@gmail.com](mailto:ochstgeorge@gmail.com)

## BLESSING OF HOMES

- Father Georges is visiting our parishioners and blessing their homes. If you like to have your home blessed, please call Fr. Georges 416-725-2888 or email the office [info@stgeorgeantiochianchurch.org](mailto:info@stgeorgeantiochianchurch.org) with your name and address. Father prefers that those who live in apartment's building to arrange for few apartments to be blessed together.

## CHURCH OFFICE

- **Anyone wishing to church a child, removal of crowns, have a memorial service, or would like Fr. George to give communion or visit their loved sick ones, should contact the church office ahead of time (905) 731-7210. In case of emergency, call Fr. Georges Mokbel (416) 725-2888.**

## CAMP TRANSFIGURATION BUS FUNDRAISER

- **The annual Camp Transfiguration Luncheon and Raffle will be held on Meatfare Sunday February 19th after the Divine Liturgy in the St. George Centre gym. Adults are \$25 and children (12 and under) are \$20. If your children/grandchildren attend Camp Transfiguration or will in the future, please consider attending the lunch, purchasing raffle tickets and donating a prize.**

Prices for raffle tickets are:

1 for \$5

5 for \$20

13 for \$50

25 for \$100

The money raised goes towards the cost of a coach bus and professional driver to take the kids to and from camp in Quebec. For donations or questions, please contact Reem Shami 416-305-6848, Anita Novratidis 647-390-2955, or Sana Besharat 416-938-6151

## MAINTAINING SILENCE DURING THE SERVICE

- The congregation is expected to actively participate in worship. However, God's house is a place for reverence and worship, not loud and idle conversations (between each other or on cell phones). Please, turn off cell phones and any other devices when you are attending the Liturgy. If you have a situation that requires you to speak to other parishioners, please do that quietly outside the church or downstairs in the basement.

## FIRE ROUTE, **HANDICAPPED PARKING**, AND PARKING LINES

- Please make sure not to park on the side of the church or in front of the Fire hydrant, for this is a fire route. Also ensure not to park in the spots designated for handicapped parking. Anyone who parks and does not show a handicap permit on the window will be tagged.

### TEEN SOYO

- **SOYO = Society of Orthodox Youth Organizations** We are a dynamic group of Orthodox Christians that provides teens the opportunity to grow spiritually with fellow SOYO members within the community.

**We focus on Spiritual, Fundraising, and Bonding Activities for ages 13-18**

**Are you between the ages of 13-18?**

**Do you want to get involved?**

**Do you want to see behind the scene photos?**

**Do you have any questions?**

**Join our WhatsApp group for direct communication for all our events.**

**Contact your Youth Advisors!**

**Angela Ghazal: (416) 720-0308 Or Fady Freiga: (647) 892-6136**

**You can also find us on...**

**Facebook @ St. George Toronto Teen SOYO**

**Instagram @ toronto.soyo**

**Email @ [toronto.soyo@gmail.com](mailto:toronto.soyo@gmail.com)**

- **Kindly Submit your Contribution through the Following Methods: Connect to the Church**  
Website [www.stgeorgeto.org](http://www.stgeorgeto.org) Click on *Donate*
- **“e-transfer” [info@stgeorgeantiochianchurch.org](mailto:info@stgeorgeantiochianchurch.org) Account Name: St. George Church**
- **PayPal, or send your Cheque by Mail to: St. George Antiochian Church, 9116 Bayview Ave,  
Richmond Hill ON, L4B 3M9**  
**Good will come to those who are generous and lend freely, who conduct their affairs with justice.**  
(Psalm 112:5)

# DIVINE LITURGY VARIABLES ON SUNDAY, FEBRUARY 26, 2023

## -tone 4 / EOTHINON 4

### SUNDAY OF FORGIVENESS (CHEESE FARE)

PORPHYRIOS, BISHOP OF GAZA; GREAT-MARTYR PHOTEINI THE SAMARITAN WOMAN AND THOSE WITH HER

- During the Little Entrance, chant the Resurrectional Apolytikion. The Eisodikon (Entrance Hymn) is "Come, let us worship... save us, O Son of God, Who art risen from the dead..." After the Little Entrance, chant the apolytikia in the following order:

#### RESURRECTIONAL APOLYTIKION IN TONE FOUR

#### طروبارية القيامة باللحن الرابع

Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

إِنَّ تَلْمِذَاتِ الرَّبِّ تَعَلَّمْنَ مِنَ الْمَلَائِكَةِ الْكَرَزَةِ بِالْقِيَامَةِ  
الْبَهْجِ، وَطَرَحْنَ الْقَضَاءَ الْجَدِّيَّ، وَخَاطَبْنَ الرَّسُلَ  
مُفْتَخِرَاتٍ وَقَائِلَاتٍ: سُبِّحَ الْمَوْتُ وَقَامَ الْمَسِيحُ الْإِلَهُ،  
وَمَنَحَ الْعَالَمَ الرَّحْمَةَ الْعُظْمَى.

- Now sing the apolytikion of the patron saint or feast of the temple.

#### KONTAKION FOR SUNDAY OF FORGIVENESS IN TONE SIX

#### قنداق لأحد العُفْرانِ، باللحن السادس

O Thou Who guidest to wisdom, and givest understanding and intelligence, the Instructor of the ignorant, and Helper of the poor, strengthen my heart and grant it understanding, O Master. Give me word, O Word of the Father; for behold, I shall not refrain my lips from crying to Thee, O merciful One, have mercy upon me who am fallen.

أَيُّهَا الْهَادِي إِلَى الْحِكْمَةِ، وَرَازِقُ الْفَهْمِ وَالْفِطْنَةِ،  
وَمُؤَدِّبُ الْجُهَالِ، وَعَاضِدُ الْمَسَاكِينِ، شَدِّدْ وَفِّهْمْ  
قَلْبِي أَيُّهَا السَّيِّدُ، وَأَعْطِنِي كَلِمَةً يَا كَلِمَةَ الْآبِ،  
لَأَنْتَنِي هَاأَنْدَا لَا أَمْنَعُ شَفْتِي مِنَ الصُّرَاخِ إِلَيْكَ: يَا  
رَحُومُ، ارْحَمْنِي أَنَا الْوَاقِعُ.

#### THE EPISTLE

(For the Sunday of Forgiveness)

#### الرسالة

*O chant unto our God, chant ye.  
Clap your hands, all ye nations!*

#### The Reading from the Epistle of St. Paul to the Romans. (13:11-14:4)

Brethren, now is our salvation nearer than when we believed. The night is far spent, the day is at hand. Let us therefore cast off the works of darkness, and let us put on the armor of light. Let us walk becomingly, as in the day, not in reveling and drunkenness, not in chambering and licentiousness, not in strife and jealousy.

رَتِّلُوا لِإِلَهِنَا رَتِّلُوا.

يَا جَمِيعَ الْأُمَمِ صَفِّقُوا بِالْأَيْدِي.

فَضْلٌ مِنْ رِسَالَةِ الْقَدِيسِ بُولُسَ الرَّسُولِ إِلَى أَهْلِ  
رُومِيَّةِ.

يَا إِخْوَةَ، إِنَّ خَلَاصَنَا الْآنَ أَقْرَبُ مِمَّا كَانَ حِينَ آمَنَّا.  
قَدْ تَنَاهَى اللَّيْلُ وَاقْتَرَبَ النَّهَارُ، فَلْنَدْعُ عَنَّا أَعْمَالَ  
الظُّلْمَةِ وَنَلْبَسْ أَسْلِحَةَ النُّورِ. لِنَسْلُكَنَّ سُلُوكًا لَانِقًا كَمَا

<p>But put on the Lord Jesus Christ, and make no provision for the flesh to fulfill its lusts. But as for the one who is weak in faith, receive him, but not for disputes over opinions. For one believes he may eat anything; but the weak person eats herbs. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to be the judge over the servant of a stranger? To his own master he either stands or falls; but he will be made to stand; for God is able to make him stand.</p>	<p>في النَّهَارِ، لا بِالْقُصُوفِ وَالسُّكَّرِ، ولا بِالْمَصَاجِعِ وَالْعَهَرِ، ولا بِالخِصَامِ وَالْحَسَدِ، بلِ الْبَسْوَا الرَّبَّ يَسُوعَ الْمَسِيحَ ولا تَهْتَمُوا بِأَجْسَادِكُمْ لِقَضَاءِ شَهَوَاتِهَا. مَنْ كَانَ ضَعِيفاً فِي الْإِيمَانِ فَاتَّخِذُوهُ بِغَيْرِ مُبَاحَثَةٍ فِي الْآرَاءِ. مَنْ النَّاسِ مَنْ يَعْتَقِدُ أَنَّ لَهُ أَنْ يَأْكُلَ كُلَّ شَيْءٍ، أَمَّا الضَّعِيفُ فَيَأْكُلُ بَقَوْلًا. فَلَا يَزْدِرِ الَّذِي يَأْكُلُ مَنْ لَا يَأْكُلُ وَلَا يَدِينُ الَّذِي لَا يَأْكُلُ مَنْ يَأْكُلُ، فَإِنَّ اللَّهَ قَدْ اتَّخَذَهُ. مَنْ أَنْتَ يَا مَنْ تَدِينُ عَبْدًا أَجْنَبِيًّا؟ إِنَّهُ لِمَوْلَاهُ يَثْبُتُ أَوْ يَسْقُطُ. لَكِنَّهُ سَيَثْبُتُ لِأَنَّ اللَّهَ قَادِرٌ عَلَى أَنْ يَثْبُتَهُ.</p>
--	---

<p><b>THE GOSPEL (For Sunday of Forgiveness)</b></p>	<p><b>الإنجيل</b></p>
--	-----------------------

<p><b>The reading from the Holy Gospel according to St. Matthew. (6:14-21)</b></p> <p>The Lord said to His Disciples: If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father Who is in secret; and your Father Who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also.</p>	<p><b>فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ مَتَّى الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ.</b></p> <p>قَالَ الرَّبُّ: إِنْ عَفَرْتُمْ لِلنَّاسِ زَلَّاتِهِمْ، يَغْفِرُ لَكُمْ أَبُوكُمْ السَّمَاوِيِّ أَيْضًا. وَإِنْ لَمْ تَعْفِرُوا لِلنَّاسِ زَلَّاتِهِمْ، فَأَبُوكُمْ أَيْضًا لَا يَغْفِرُ لَكُمْ زَلَّاتِكُمْ. وَمَتَى صُمْتُمْ، فَلَا تَكُونُوا مُعَبِّسِينَ كَالْمُرَائِينَ. فَإِنَّهُمْ يُنَكِّرُونَ وَجُوهَهُمْ لِيُظْهِرُوا لِلنَّاسِ صَائِمِينَ. الْحَقُّ أَقُولُ لَكُمْ، إِنَّهُمْ قَدْ أَحَدُوا أَجْرَهُمْ. أَمَّا أَنْتَ فَإِذَا صُمْتَ، فَادْهِنْ رَأْسَكَ وَاغْسِلْ وَجْهَكَ لئَلَّا تَظْهَرَ لِلنَّاسِ صَائِمًا، بَلْ لِأَبِيكَ الَّذِي فِي الْخَفِيَّةِ، وَأَبُوكَ الَّذِي يَرَى فِي الْخَفِيَّةِ يُجَازِيكَ عِلَانِيَةً. لَا تَكْنُزُوا لَكُمْ كُنُوزًا عَلَى الْأَرْضِ، حَيْثُ يُفْسِدُ السُّوسُ وَالْآكَلَةُ وَيَنْقُبُ السَّارِقُونَ وَيَسْرِقُونَ. لَكِنْ اكْنُزُوا لَكُمْ كُنُوزًا فِي السَّمَاءِ حَيْثُ لَا يُفْسِدُ سَوْسٌ وَلَا آكَلَةٌ وَلَا يَنْقُبُ السَّارِقُونَ وَلَا يَسْرِقُونَ. لِأَنَّهُ حَيْثُ تَكُونُ كُنُوزُكُمْ، هُنَاكَ تَكُونُ قُلُوبُكُمْ.</p>
---	---

<p>• <i>The Divine Liturgy of St. John Chrysostom continues as usual.</i></p>
---

THE DISMISSAL	الختم
<p><b>Priest:</b> May He Who rose from the dead, Christ our true God, through the intercessions of His all-immaculate and all-blameless holy Mother; by the might of the Precious and Life-giving Cross; by the protection of the honorable Bodiless Powers of Heaven; at the supplication of the honorable, glorious Prophet, Forerunner and Baptist John; of the holy, glorious and all-laudable apostles; of our father among the saints, John Chrysostom, archbishop of Constantinople, whose Divine Liturgy we have now celebrated, of the holy, glorious and right-victorious Martyrs; of our venerable and God-bearing Fathers; <i>of Saint N., the patron and protector of this holy community</i>; of the holy and righteous ancestors of God, Joachim and Anna; of the holy and righteous ancestors of God, Joachim and Anna; <b>of our Righteous Father Porphyrios, bishop of Gaza; Great-martyr Phteini the Samaritan Woman and those with her</b>, whose memory we celebrate today, and of all the saints: have mercy on us and save us, forasmuch as He is good and loveth mankind.</p>	<p>الكاهن: أَيُّهَا الْمَسِيحُ إِلَهُنَا الْحَقِيقِي، يَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ، بِشَفَاعَاتِ أُمَّكَ الْكَلِيَّةِ الطَّهَارَةِ وَالْبَرِيَّةِ مِنْ كُلِّ عَيْبٍ؛ وَبِقُدْرَةِ الصَّلِيبِ الْكَرِيمِ الْمُخْبِي؛ وَبِطَلَبَاتِ الْقُوَاتِ السَّمَاوِيَّةِ الْمُكْرَمَةِ الْعَادِمَةِ الْأَجْسَادِ؛ وَالنَّبِيِّ الْكَرِيمِ السَّابِقِ الْمَجِيدِ يُوْحَنَّا الْمَعْمَدَانِ؛ وَالْقَدِيسِينَ الْمُشْرَفِينَ الرَّسُلِ، وَسَائِرِ الرَّسُلِ الْمُشْرَفِينَ الْجَدِيرِينَ بِكُلِّ مَدِيحٍ؛ وَأَبِينَا الْجَلِيلِ فِي الْقَدِيسِينَ يُوْحَنَّا الذَّهَبِيِّ الْفَمِّ رَئِيسِ أَسَاقِفَةِ الْقُسْطَنْطِينِيَّةِ، كَاتِبِ هَذِهِ الْخِدْمَةِ الشَّرِيفَةِ؛ وَالْقَدِيسِينَ الْمَجِيدِينَ الشُّهَدَاءِ الْمُتَأَلِّقِينَ بِالظَّفَرِ؛ وَأَبَائِنَا الْأَبْرَارِ الْمُتَوَشِّحِينَ بِاللَّهِ؛ وَالْقَدِيسِ (ة) (فُلَانِ، فُلَانَةَ) شَفِيعِ(ة) وَحَامِي(ة) هَذِهِ الرَّعِيَّةِ الْمُقَدَّسَةِ؛ وَالْقَدِيسِينَ الصِّدِّيقِينَ جَدِّي الْمَسِيحِ إِلَهِي يُوَاكِمِ وَحَنَّةً؛ وَأَبِينَا الْجَلِيلِ فِي الْقَدِيسِينَ بُوْرْفِيرْيُوسَ أَسْقَفِ غَزَّةَ، وَالشَّهِيدَةَ فُوْتِنِي، الْمَرَّةَ السَّامِرِيَّةَ، وَمَنْ مَعَهَا، الَّذِينَ نُقِيمُ تَذَكَارَهُمْ الْيَوْمَ، وَجَمِيعِ قَدِيسِيكَ، اِرْحَمْنَا وَخَلِّصْنَا بِمَا أَنْتَ صَالِحٌ وَمُحِبٌّ لِلْبَشَرِ.</p>
<p><b>Priest:</b> Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy upon us and save us.</p>	<p>الكاهن: بِصَلَّوَاتِ آبَائِنَا الْقَدِيسِينَ، أَيُّهَا الرَّبُّ يَسُوعُ الْمَسِيحُ إِلَهُنَا اِرْحَمْنَا وَخَلِّصْنَا.</p>
<p><b>Choir:</b> Amen.</p>	<p>الجوق: آمين.</p>
<p>• <i>Forgiveness Sunday Vespers must be served on Cheese Fare Sunday, either immediately following the morning Divine Liturgy, or later this evening at the usual time for Vespers.</i></p>	
<p><b>These texts have been prepared by the Department of Liturgics of the Antiochian Archdiocese</b>  Portions of the Archdiocesan Service Texts include texts from <i>The Menaion, The Great Horologion, The Pentecostarion, The Octoechos, The Triodion-Holy Week, and The Psalter of the Seventy</i>, which are Copyright © Holy Transfiguration Monastery, Brookline, Massachusetts, and are used with permission. All rights reserved. These works may not be further reproduced, beyond printing out a single copy for personal non-commercial use, without the prior written authorization of Holy Transfiguration Monastery.</p>	

# FEBRUARY

## HOLY SERVICES SCHEDULE

**WED**  
**1**

**FESTAL ORTHROS**  
**DIVINE LITURGY**

*Presentation of Christ in the Temple*

6:00 PM  
7:00 PM



**SAT**  
**4**

**CONFESSIONS**  
**GREAT VESPERS**

4:00 PM  
5:00 PM



**SUN**  
**5**

**ORTHROS**  
**DIVINE LITURGY**

*Sunday of the Publican and Pharisee*

9:00 AM  
10:30 AM

**TUE**  
**7**

**VESPERS**

*Theodore the Commander*

6:00 PM



**SAT**  
**11**

**CONFESSIONS**  
**GREAT VESPERS**

4:00 PM  
5:00 PM

**SUN**  
**12**

**ORTHROS**  
**DIVINE LITURGY**

*Sunday of the Prodigal Son*

9:00 AM  
10:30 AM



**SAT**  
**18**

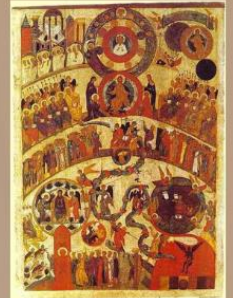
**DIVINE LITURGY**

*Saturday of Souls*

**CONFESSIONS**  
**GREAT VESPERS**

10:00 AM

4:00 PM  
5:00 PM



**SUN**  
**19**

**ORTHROS**  
**DIVINE LITURGY**

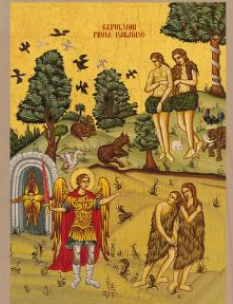
*Judgement Sunday*  
*(Meatfare Sunday)*

9:00 PM  
10:30 PM

**SAT**  
**25**

**CONFESSIONS**  
**GREAT VESPERS**

4:00 PM  
5:00 PM



**SUN**  
**26**

**ORTHROS**  
**DIVINE LITURGY**

*Forgiveness Sunday*  
*(Cheesefare Sunday)*

9:00 PM  
10:30 PM

**LENTEN VESPERS**

*with Ceremony of Mutual Forgiveness*

7:00 PM



**MON**  
**27**

**GREAT COMPLINE &  
CANON SERVICE**

7:00 PM

**TUE**  
**28**

**GREAT COMPLINE &  
CANON SERVICE**

7:00 PM

*"O Lord and Master of my life,  
take from me the spirit of  
sloth, saintheartedness,  
lust of power and idle talk.  
But give rather the spirit of  
chastity, humility, patience  
and love to Thy servant.  
Yea, O Lord and King,  
grant me to see my own errors  
and not to judge my brother,  
for Thou art blessed from all  
ages to all ages.  
Amen.  
-Mar Ephrem the Syrian*

**Activities at St. George Antiochian Orthodox Church – Toronto.**

**Month: February 2023**

<b>Date</b>	<b>Time</b>	<b>Activity</b>	<b>Location</b>
Friday February 3 <sup>rd</sup>	7:30 – 8:30 pm	Soccer for the Adults	Gym at St. George Centre
	8:30 – 9:00 pm	Youth Choir Meeting	Gym at St. George Centre
	9:00 – 11:30 pm	Sports	Gym at St. George Centre
Saturday February 4 <sup>th</sup>	4 – 5 pm	Bible Study for teens & preteens	Church Basement
Sunday February 5 <sup>th</sup>	After Communion	Sunday School	Church Basement

Monday February 6 <sup>th</sup>	7 – 8:30 pm	Byzantine Choir Practice	Church Basement
Tuesday February 7 <sup>th</sup>	6:30 – 7:30 pm	Catechism	Church Basement
Thursday February 9 <sup>th</sup>	8:30 – 11 pm	Basketball for the Adults	Gym at St. George Centre
Friday February 10 <sup>th</sup>	7:30 – 8:30 pm	Soccer for the Adults	Gym at St. George Centre
	8:30 – 9:00 pm	Youth Choir Meeting	Gym at St. George Centre
	9:00 – 11:30 pm	Sports	Gym at St. George Centre
	9:00 – 11:30 pm	Families' Valentine Potluck	Church Basement
Sunday February 12 <sup>th</sup>	After Communion	Sunday School	Church Basement

Monday February 13 <sup>th</sup>	7 – 8:30 pm	Byzantine Choir Practice	Church Basement
Thursday February 16 <sup>th</sup>	10:30 am - 2:30 pm	Homeschooling Group	Church Basement
	8:30 pm	Basketball for the Adults	Gym at St. George Centre
Friday February 17 <sup>th</sup>	7:30 – 8:30 pm	Soccer for the Adults	Gym at St. George Centre
	8:30 – 9:00 pm	Youth Choir Meeting	Gym at St. George Centre
	9:00 – 11:30 pm	Sports	Gym at St. George Centre
Saturday February 18 <sup>th</sup>	4 – 5 pm	Bible Study for teens & preteens	Church Basement
	6 – 10 pm	YAM joint event with St. Mary's YAM group	Church Basement
Sunday February 19 <sup>th</sup>	1 pm	Camp T Bus Fundraiser Lunch	Gym at St. George Centre



Monday February 20 <sup>th</sup>	7 – 8:30 pm	Byzantine Choir Practice	Church Basement
Tuesday February 21 <sup>st</sup>	6:30 – 7:30 pm	Catechism	Church Basement
	7:30 – 10 pm	Parish Council Meeting	Church Basement
Thursday February 23 <sup>rd</sup>	8:30 – 11 p.m.	Basketball for the Adults	Gym at St. George Centre
Friday February 24 <sup>th</sup>	7:30 – 8:30 pm	Soccer for the Adults	Gym at St. George Centre
	8:30 – 9:00 pm	Youth Choir Meeting	Gym at St. George Centre
	9:00 – 11:30 pm	Sports	Gym at St. George Centre
Saturday February 25 <sup>th</sup>	3:30 – 4:30 pm	Spiritual Talk before Great Lent	Church Basement
Sunday February 26 <sup>th</sup>	After Communion	Sunday School	Church Basement

## Lenten Calendar 2023

Saturday February 18 <sup>th</sup>	10:00 am	Divine Liturgy – Saturday of Souls
	4:00 pm	Confessions
	5:00 pm	Great Vespers
Meat Fare Sunday February 19 <sup>th</sup>	9:00 am	Orthros & Confessions
	10:30 am	Divine Liturgy of St. John Chrysostom
Saturday February 25 <sup>th</sup>	4:00 pm	Confessions
	5:00 pm	Great Vespers
Cheese Fare Sunday February 26 <sup>th</sup>	9:00 am	Orthros & Confessions
	10:30 am	Divine Liturgy of St. John Chrysostom
	7:00 pm	Lenten Vespers with Ceremony of Mutual Forgiveness

The Great Lent this year starts on Monday, February 27<sup>th</sup>, 2023, and ends with the Resurrection on Sunday April 16<sup>th</sup>, 2023. During this period, we are not allowed to eat the following:

- 1) Meat and meat by-products.
- 2) Eggs, milk and dairy by-products.
- 3) Fish with backbones. (Octopus and Shell fish are allowed).
- 4) On the Feast of the Annunciation Saturday March 25<sup>th</sup>, and on Palm Sunday April 9<sup>th</sup>, fish is allowed after the Divine Liturgy.

<b>First Week of Great Lent</b>		
Monday, February 27 <sup>th</sup>	7:00 pm	Great Compline & Great Canon of Repentance by St. Andrew of Crete
Tuesday, February 28 <sup>th</sup>	7:00 pm	Great Compline & Great Canon of Repentance by St. Andrew of Crete
Wednesday, March 1 <sup>st</sup>	7:00 pm	The Presanctified Divine Liturgy
Thursday, March 2 <sup>nd</sup>	7:00 pm	Great Compline & Great Canon of Repentance by St. Andrew of Crete
Friday, March 3 <sup>rd</sup>	6:30 pm	1 <sup>st</sup> Lenten Supper, sponsored by Men Society (Antiochian Men)
	7:30 am	1 <sup>st</sup> Akathist Hymn (Madayeh Service)
Saturday, March 4 <sup>th</sup>	4:00 pm	Confessions
	5:00 pm	Great Vespers
Sunday of Orthodoxy, March 5 <sup>th</sup>	9:00 am	Orthros & Confessions
	10:30 am	Divine Liturgy of St. Basil the Great & Procession with Icons
	6:00 pm	PAN-ORTHODOX VESPERS

<b>Second Week of Great Lent</b>		
Monday, March 6 <sup>th</sup>	7:00 pm	Great Compline
Tuesday, March 7 <sup>th</sup>	7:00 pm	Great Compline
Wednesday, March 8 <sup>th</sup>	7:00 pm	The Presanctified Divine Liturgy
Thursday, March 9 <sup>th</sup>	7:00 pm	Great Compline
Friday, March 10 <sup>th</sup>	6:30 pm	2 <sup>nd</sup> Lenten Supper, sponsored by the YAM (Young Adult Ministry), the Teen SOYO & the Chanters
	7:30 am	2 <sup>nd</sup> Akathist Hymn (Madayeh Service)
Saturday, March 11 <sup>th</sup>	10:00 am	Divine Liturgy – Saturday of Souls
	4:00 pm	Confessions
	5:00 pm	Great Vespers
Sunday of St. Gregory Palamas, March 12 <sup>th</sup>	9:00 am	Orthros & Confessions
	10:30 am	Divine Liturgy of St. Basil the Great

<b>Third Week of Great Lent</b>		
Monday, March 13 <sup>th</sup>	7:00 pm	Great Compline
Tuesday, March 14 <sup>th</sup>	7:00 pm	Great Compline
Wednesday, March 15 <sup>th</sup>	7:00 pm	The Presanctified Divine Liturgy
Thursday, March 16 <sup>th</sup>	7:00 pm	Great Compline
Friday, March 17 <sup>th</sup>	6:30 pm	3 <sup>rd</sup> Lenten Supper, sponsored by the Antiochian Women
	7:30 am	3 <sup>rd</sup> Akathist Hymn (Madayeh Service)
Saturday, March 18 <sup>th</sup>	4:00 pm	Confessions
	5:00 pm	Great Vespers
Sunday of the Holy Cross, March 19 <sup>th</sup>	9:00 am	Orthros & Confessions
	10:30 am	Divine Liturgy of St. Basil the Great, Followed by a Procession & Veneration of the Holy Cross

<b>Fourth Week of Great Lent</b>		
Monday, March 20 <sup>th</sup>	7:00 pm	Great Compline
Tuesday, March 21 <sup>st</sup>	7:00 pm	Great Compline
Wednesday, March 22 <sup>nd</sup>	7:00 pm	The Presanctified Divine Liturgy
Thursday, March 23 <sup>rd</sup>	7:00 pm	Great Compline
Friday, March 24 <sup>th</sup>	6:30 pm	4 <sup>th</sup> Lenten Supper, sponsored by the order of St. Ignatius
	7:30 pm	Great Vespers with Litia-Artoklasia and the fourth stasis of the Akathist Hymn
Saturday, March 25 <sup>th</sup> Feast of the Annunciation	9:00 am	Festal Orthros
	10:30 am	Festal Divine Liturgy
	4:00 pm	Confessions
	5:00 pm	Great Vespers
Sunday of St. John Climacus, March 26 <sup>th</sup>	9:00 am	Orthros & Confessions
	10:30 am	Divine Liturgy of St. Basil the Great

<b>Fifth Week of Great Lent</b>		
Monday, March 27 <sup>th</sup>	7:00 pm	Great Compline
Tuesday, March 28 <sup>th</sup>	7:00 pm	Great Compline
Wednesday, March 29 <sup>th</sup>	7:00 pm	The Presanctified Divine Liturgy
Thursday, March 30 <sup>th</sup>	7:00 pm	Little Compline with the full Great Canon of Repentance by St. Andrew of Crete & the life of St. Mary of Egypt
Friday, March 31 <sup>st</sup>	6:30 pm	5 <sup>th</sup> Lenten Supper, sponsored by the Parish Council
	7:30 am	5 <sup>th</sup> Akathist Hymn (Madayeh Service)
Saturday, April 1 <sup>st</sup>	4:00 pm	Confessions
	5:00 pm	Great Vespers
Sunday of St. Mary of Egypt, April 2 <sup>nd</sup>	9:00 am	Orthros & Confessions
	10:30 am	Divine Liturgy of St. Basil the Great

<b>Sixth Week of Great Lent</b>		
Monday, April 3 <sup>rd</sup>	7:00 pm	Great Compline
Tuesday, April 4 <sup>th</sup>	7:00 pm	Great Compline
Wednesday, April 5 <sup>th</sup>	7:00 pm	The Presanctified Divine Liturgy
Thursday, April 6 <sup>th</sup>	7:00 pm	Great Compline
Friday, April 7 <sup>th</sup>	10:00 am	The Presanctified Divine Liturgy
	7:00 pm	Little Compline with the Canon of the Raising of Lazarus
Lazarus Saturday, April 8 <sup>th</sup>	9:00 am	Orthros
	10:30 am	Divine Liturgy of St. John Chrysostom *
	4:00 pm	Confessions
	5:00 pm	Great Vespers

\*All Church School children and their parents, their Grandparents and their Godparents, will attend the Divine Liturgy on Lazarus Saturday and take Communion. Following the Liturgy, they will all have Brunch together with the Sunday School teachers.

### **SCHEDULE OF SERVICES FOR PALM SUNDAY AND HOLY WEEK**

- 1) Candles for your children will be available at the Church Vestibule, donation \$5.00 per candle.
- 2) During the Divine Liturgy and the procession, you are kindly requested to keep proper decorum, let us all behave in order, in discipline and in peace so that we can pray in one mind and one heart, and that Our Lord may hear our supplications and bestow upon us His Blessings.
- 3) All beloved parishioners are requested not to park their cars in the driveways. Procession will start from the outside main door of the Church, turn left on driveway behind the building into the parking lot, around the Church back to the main door and into the Church.

<b>Palm Sunday &amp; Holy Week</b>		
Palm Sunday, April 9 <sup>th</sup>	9:00 am	Orthros
	10:30 am	Divine Liturgy of St. John Chrysostom, Blessings of Palms & Procession
	7:00 pm	1 <sup>st</sup> Bridegroom Orthros for Holy Monday
Great Holy Monday, April 10 <sup>th</sup>	10:00 am	The Presanctified Divine Liturgy
	7:00 pm	2 <sup>nd</sup> Bridegroom Orthros for Holy Tuesday
Great Holy Tuesday, April 11 <sup>th</sup>	10:00 am	The Presanctified Divine Liturgy
	7:00 pm	3 <sup>rd</sup> Bridegroom Orthros for Holy Wednesday
Great Holy Wednesday, April 12 <sup>th</sup>	10:00 am	The Presanctified Divine Liturgy
	7:00 pm	Holy Unction Service, Anointing of the Faithful with Holy Oil
Great Holy Thursday, April 13 <sup>th</sup>	8:00 am	Orthros for Holy Thursday
	9:00 am	Vesperal Divine Liturgy of St. Basil the Great for the Institution of the Mystical Supper of Christ
	7:00 pm	Orthros with the Twelve Passion Gospels for Holy Friday – Gospels of the Crucifixion
Great Holy Friday, April 14 <sup>th</sup>	10:00 am	The Great (Royal) Hours and Typika on Holy Friday
	3:00 pm	Great Vespers for Holy Saturday, the Taking-down of Christ from the Cross
	7:00 pm	Orthros with the Lamentations for Holy Saturday
Great Holy Saturday, April 15 <sup>th</sup>	9:00 am	Vesperal Divine Liturgy of St. Basil the Great
	10:30 pm	Resurrection (Rush) Service, Paschal Orthros and Paschal Divine Liturgy of St. John Chrysostom
Great & All-Holy Pascha, Sunday, April 16 <sup>th</sup>	7:00 pm	The Agape Vespers, The Baouth Service Followed by a procession
Bright Monday, April 17 <sup>th</sup>	9:00 am	Festal Orthros
	10:00 am	Divine Liturgy

**CHRIST IS RISEN! INDEED, HE IS RISEN!**

# St. George's Lenten Retreat 2023



Saturday, March 11



## Time & Despondency

Nicole Roccas is an author and certified Trauma-informed coach, seeking to help others locate the meaning from within the toughest issues of life and faith. You can get a taste of her work on the *Time Eternal* podcast or by reading her book *Time and Despondency*

### Schedule:

10am: Divine Liturgy – Saturday of Souls

Noon: Brunch

1pm: Part 1: "A Slackness of the Soul": Understanding the Spiritual Sickness of Despondency

2:15pm: Coffee Break

2:45pm: "Redeeming the time": How to Counter Despondency during Lent

4pm: Q&A

5pm: Vespers

Join us on Saturday, March 11th in the Church basement,  
including brunch, coffee and refreshments

Childcare available

Contact Peter Qubti for more information (416) 509-9895 or peterq3380@gmail.com

Saint George  
Antiochian Orthodox Church

9116 Bayview Avenue,  
Richmond Hill Ontario L4B 3M9

**To our Beloved in the Lord, The Hierarchs, Priests, Deacons, Members of the Board of Trustees, and Spiritual Children of our Holy Antiochian Orthodox Christian Archdiocese of North America,**

Beloved,

After the Holy Synod of Antioch convened in its extraordinary session at the Monastery of Our Lady of Balamand, I send you this letter from Antioch that is ravaged by the earthquake that struck its depth, repeating what I often said during my last visit a few years ago to your God-protected Archdiocese, that we are steadfast in the mother land of Antioch, no matter how many challenges beset us, even if we are struck by an earthquake.

Yes, we are steadfast in our mother and native land, so that our children, wherever they are abroad, can rightly say: "Our origins and roots are in Antioch, and these Antiochian roots remain alive in us and before us."

At every crossroads in the life of our Church of Antioch, we are reminded that we have something that makes us unique and united: our Antiochian roots founded by the Apostles Peter and Paul, which our fathers in the Mother Church preserved with all preciousness and care, even by the shedding of blood. These were kept by their disciples, the Holy Fathers, who set out with the Good News to all ends of the earth.

Your fathers traveled to the New Land and cultivated in it the lofty spiritual values upon which they were brought up in the Antiochian East. They did this with great faith and deep spiritual struggle, and they built their churches as they built their homes. We are altogether today blessed by the grace that God has given you which you preserve with physical labor and spiritual vigilance, just as we are blessed by those who have seen in Antioch a Church, a mother in whose bosom they have taken refuge, and they received grace upon grace.

The Fathers of the Holy Synod of Antioch gathered in the Monastery of Our Lady of Balamand and flocked from the Archdioceses spread all over the world, from every part of the earth where the Lord willed for Antioch to have a holy dwelling place. This time, the Synod Fathers gathered for your beloved Archdiocese of North America, in order to elect for her a shepherd who will stand in your midst and watch over your care.

It is noteworthy for us, from our patriarchal position, that you be aware of the vision that unites the Synod Fathers every time they convene for one of the Antiochian Archdioceses. This vision is based on the following fixed precepts:



- Each Archdiocese is a unique and complete member of the Antiochian Body and her concerns are the concerns of the entire Church of Antioch.
- When dealing with issues and concerns related to a particular Archdiocese, the Synod Fathers unite their minds and hearts with the minds and hearts of the faithful in the concerned Archdiocese. These concerns are transmitted to the Holy Synod by the Archdiocese's Metropolitan in the case of ordinary sessions, or by the Patriarchal Vicar in the case of the extraordinary sessions, when the Archdiocese becomes vacant.
- The Synod Fathers are fully convinced that each Archdiocese has her own specificity and her distinct administrative needs, but they are also ecclesiastically convinced that the starting point is one and the same: the single Antiochian ecclesiastical tradition which is enshrined in the texts governing the life of the Antiochian Church throughout the Archdioceses.

In this spirit, the Synod Fathers gathered at the last extraordinary session and listened to the report presented by the Patriarchal Vicar, His Eminence Metropolitan (Al Sourì), and reviewed the papers of the Archdiocesan Special Convention held last January and the outcome of its work. The Holy Synod elected from among the three nominees given by the Convention His Eminence Saba Isper.

We are certain that His Eminence Saba Isper will be a finest shepherd for a finest flock. With him you will write a new chapter in the glorious history of your Archdiocese, consolidating the vision that has guided the Archdiocese through her close association with the Mother Church, having a distinct solid structure that unites her parishes throughout North America. Thus, you give an authentic Orthodox Christian Antiochian witness, which provides the healing answer given by the Orthodox faith to all the existential questions posed in our contemporary world filled with temptations and challenges.

As we wish for His Eminence Metropolitan Saba Isper success in his ministry, we ask the Lord Almighty, through the intercessions of the Mother of God, to grant him strength in this blessed ministry, for the good of the Archdiocese and the sanctification of the shepherds, along with the beloved faithful.

With our Apostolic blessings and paternal love.

Balamand, 23 February 2023.

**+ JOHN X**

**Patriarch of Antioch and all the East**

إلى الأساقفة والكهنة والشمامسة ومجلس الأمناء والأبناء في أبرشيتنا الأنطاكية في نيويورك  
وسائر أمريكا الشمالية المحبوبين بالرب،

يا أحبّة،

بعد انعقاد المجمع الأنطاكي المقدّس في دورته الاستثنائية في دير سيّدة البلمند، أتوجّه إليكم من  
أنطاكية المنكوبة بعد الزلزال الذي أصاب عمقها مكرراً ما قلته مراراً في زيارتي الأخيرة منذ بضع  
سنوات إلى أبرشيتكم المحروسة بالله بأننا صامدون في أرض أنطاكية الأم مهما عصفت بنا  
التحديات وحتى لو ضربنا الزلزال.

نعم، نحن صامدون في أرضنا الأم حيث الأصل، لكي نستطيع أبنائنا أينما حلّوا في الانتشار ان  
يقولوا عن حقّ: " إنَّ أصولنا وجذورنا في أنطاكية وأصلنا وجذرا الأنطاكي باقٍ وهو حيٌّ فينا وحيٌّ  
أمامنا".

نقول هذا معكم لنبقي نصب أعيننا عند كل مفترق من حياة كنيستنا الأنطاكية أنّ لنا ما يميّزنا  
ويوحّدنا، وهو الأصل الأنطاكي المتّصل بما أرساه الرسولان بطرس وبولس من أساس حفظه آباؤنا  
في الكنيسة الأم بكل غالٍ ونفيس حتىّ بشهادة الدم، وحفظه مثلهم تلامذتهم الآباء القديسون الذين  
انطلقوا بالبشارة إلى كل أقاصي الأرض.

لقد سافر آباؤكم إلى الأرض الجديدة وزرعوا فيها ما تربّوا عليه في الشرق الأنطاكي من قيم روحية  
سامية. هذا فعلوه بإيمانٍ كبير وجهادٍ روحي أكبر، وبنوا كنائسهم كما بنوا بيوتهم. ونحن معكم  
نتبرّك اليوم بما حباكم الله من نعمةٍ تحفظونها بتعب جسدي وسهر روحي، مثلما نتبرّك بحياة من  
رأى في أنطاكية كنيسةً أمّاً فلاذاً في حضنها وزادها نعمةً فوق نعمة.

التأم آباء المجمع الأنطاكي المقدّس في دير سيّدة البلمند وقد تقاطروا من كل الأبرشيات على  
امتداد المعمورة، من كل بقعةٍ في الأرض أراد الرب أن يكون لأنطاكية الكنيسة الأم فيها مقامً.  
التأموا هذه المرة من أجل أبرشيتكم المحبوبة بالرب أبرشية أمريكا الشمالية وذلك من أجل انتخاب  
راعٍ لها يقوم في وسطكم ويسهر على رعايتكم.

ويهمنا من موقعنا الأبوي أنّ تكونوا على معرفة بالرؤية التي تجمع آباء المجمع المقدّس في كل مرّة يجتمعون فيها من أجل إحدى الأبرشيّات الأنطاكية، هذه الرؤية التي تقوم على الثوابت التالية :  
- أنّ كلّ أبرشية هي عضوٌ فريد وكامل من أعضاء الجسم الأنطاكي وهمومها وهواجسها هي هموم وهواجس الكنيسة الأنطاكيّة جمعاء .

- يتوحّد الآباء في فكرهم وقلوبهم مع فكر وقلب أبناء الأبرشية المعنية عند تناول شؤونها وشجونها، وهذه ينقلها إلى المجمع مطران الأبرشية في الحالات الطبيعية والدورات العادية، والمعتمد البطريركي في حالة الدورة الاستثنائية عند شغور الأبرشي

- أنّ الآباء على فناعة كاملة بأنّ لكلّ أبرشية خصوصيتها وحاجاتها الإدارية المتميّزة، ولكنهم أيضاً على يقين كنسي بأنّ المنطلق واحد وهو التقليد الكنسي الأنطاكي الأوحد المكرّس في النصوص النازمة لحياة الكنيسة الأنطاكية على امتداد الأبرشيات .

بهذه الروح اجتمع الآباء في الدورة الاستثنائية الأخيرة واستمعوا إلى التقرير الذي قدّمه المعتمد البطريركي سيادة المطران أنطونيوس الصوري واطلعوا على أوراق مؤتمر الأبرشية المنعقد في شهر كانون الثاني الفائت وما انتهت إليه أعماله، وانتخب المجمع المقدّس من بين المرشحين الثلاثة الذين سمّاهم المؤتمر سيادة المطران سابا اسبر مطراناً على الأبرشية الأنطاكية في أمريكا الشمالية. إنّنا على يقين بأنّ سيادة المطران سابا اسبر سيكون خير راعٍ لخير رعية. معه سنتكثرون فضلاً جديداً من تاريخ أبرشيتكم المجيد، موطّدين الرؤية التي سارت وتسير في هديها الأبرشية عبر ارتباطها الوثيق بالكنيسة الأم مع تميّزها بهيكليّة متينة توحّد رعاياها الممتدة في كافة أنحاء أميركا الشمالية. وهكذا تعطون شهادة أنطاكية مسيحية أرثوذكسية أصيلة، تقدّم الجواب الإيمانّي الأرثوذكسي الشافي لكلّ الأسئلة الوجودية المطروحة في عالمنا المعاصر المليء بالتجارب والتحديات.

إذ نرجو لسيادة المطران سابا اسبر التوفيق في خدمته نسأل الربّ القدير بشفاعات والدة الإله أن يؤيّد في هذه الخدمة المباركة بما فيه خير الأبرشية وقداسة الرعاة فيها مع الأبناء المحبوبين الربّ.

مع البركة الرسولية والمحبة الأبوية.

البلمند، ٢٣ شباط ٢٠٢٣ .

+ يوحنا العاشر  
بطريرك أنطاكية وسائر المشرق

# Pan-Orthodox Vespers for the Sunday of Orthodoxy

Presided by His Eminence Archbishop Nathaniel of Detroit  
and the Romanian Orthodox Episcopate of America

**Sunday 5 March 2023, 6pm**

**Saint George Antiochian Orthodox Church  
9116 Bayview Avenue, Richmond Hill**

**For more information**

**Fr Bohdan Hladio (905) 926-7040**

**Hosted by the Orthodox Clergy Association of the Greater Toronto Area**