



# THE CHAMPION

## WANT TO BE INCLUDED IN NEXT MONTH'S NEWSLETTER?

email us: [championnewsletter@gmail.com](mailto:championnewsletter@gmail.com)  
by March 20, 2021

## THE PASTOR'S MESSAGE:

February message from the desk of Fr. George:

Dear brothers and sisters,

Greetings to you as we start the Lent. This hymn we sing during Matins/ morning prayer every Sunday until holy week. This Troparia is sung after Psalm 50:

**Glory to the Father and to the Son and to the Holy Spirit. Open to me the doors of repentance, O Lifegiver; for my soul goeth early to the temple of Thy holiness, coming in the temple of my body, wholly polluted. But because Thou art compassionate, purify me by the compassion of Thy mercies.**

**Both now and ever, and unto ages of ages. Amen. Prepare for me the way of salvation, O Theotokos; for I have profaned myself with coarse sins, and consumed my whole life with procrastination. But by thine intercessions purify thou me from all abomination.**

**(TONE SIX) Have mercy upon me, O God, according to Thy loving-kindness: according unto the multitude of Thy tender mercies blot out my transgressions. If I think upon the multitude of my evil deeds, wretch that I am, I tremble for the terrible Day of Judgment. But, trusting the compassion of Thy mercy, I shout to Thee like David, Have mercy upon me, O God, according to Thy Great Mercy.**

We also say the prayer of St. Ephrem:

**O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power, and idle talk.**

**But give rather the spirit of chastity, humility, patience, and love to Thy servant.**

**Yea, O Lord and King, grant me to see my own transgressions, and not to judge my brother, for blessed art Thou, unto ages of ages. Amen.**

**May our Lord grant us all good Lent to repent from our sins and grow in Christ knowledge.**

In Christ the Bridegroom, Fr. George Dahdouh



## THE MEMORY ETERNAL:



Mr. Jamil Qaqish



Ms. Fayzeh Kharouba Safadi



St. George Young Adults Ministry Hosts



**Fr. Paul Tadros**

St. Silouan Orthodox Church + Mission



**"Give Me This Stranger"**

7pm Tuesday Mar. 9  
Zoom Mtg ID: 828 1100 0866  
Passcode: yam  
Contact: youngadultministryto@gmail.com

## THE YOUNG ADULT MINISTRY:

YAM represents the young adult cohort from the St. George Antiochian Orthodox Church in Richmond Hill, ON. The group was created to foster community involvement and individual growth by providing programs and services that facilitate and advance their professional development, spiritual enrichment, and health and wellness.

Thank you to all those who joined our February Q&A session with Father George and guest speaker Annalisa Boyd, where we dove into an open and deep discussion regarding racism, identity and keeping the faith!

Join them every **second Tuesday** of the month at **7:00 pm** for their Q&A with Father George, featuring a different guest speaker every month!

The next event will take place on **March 9th, 2021**, featuring Father Paul Tadros. Register on Eventbrite.

Join their Facebook and WhatsApp group for all the latest information.



eventbrite



## THE SUNDAY SCHOOL ANNOUNCEMENT:

### A letter from our St. George Sunday School, Orthodox Christian Education

I would like to take this opportunity to welcome back all of our children to Sunday School for the second semester! Although this past year has brought on many challenges, we managed to have a very successful first VIRTUAL semester! I am so proud of every one of our students, teachers and admin team for all of their hard work. I am also incredibly proud of you, the parents! Thank you, parents, for registering your children for Sunday school. Thank you for guiding your children to learn about their faith and grow within their church community.

Seeing our children so happy to be learning and interacting together makes my heart so full. We raise our children not with our words but with our actions. If your children see you living a committed life in Christ, they will do the same. They will turn to their faith, and that is our ultimate goal for the future generation.

Our Sunday School is always accepting new students. Classes are held once a week, online, via Google Meet or Zoom.

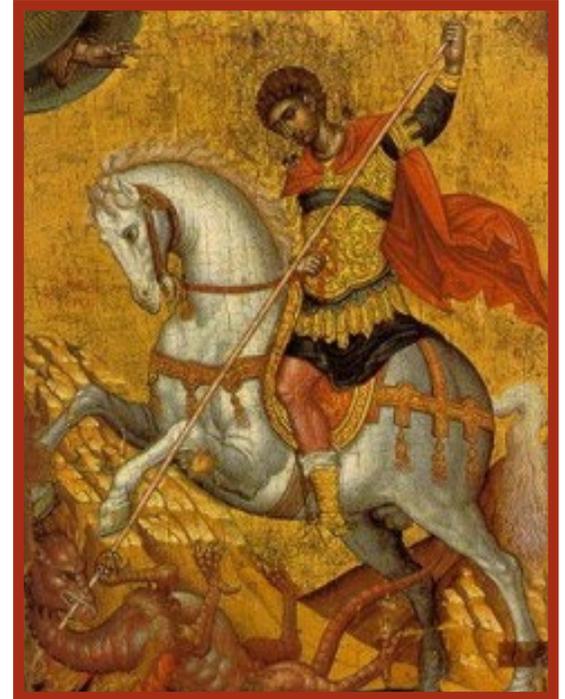
Please feel free to register at any time.

Kindly fill out the google form to register [here](#).

If you have any questions, please feel free to contact me by email:

[orthodoxchristianeducation@gmail.com](mailto:orthodoxchristianeducation@gmail.com).

Amanda Qaqish  
Sunday School Administrative Team  
Orthodox Christian Education



## THE HOME SCHOOL MINISTRY:

During these 12 months with the pandemic, every family, whether they wanted to or not, homeschooled their children.

Now that many children have returned to the classroom, some families would like to continue to homeschool. If you choose to independently homeschool (not following the Ontario Ministry of Education curriculum), there are many different educational methods to choose from. It is worth reading about homeschooling's main philosophies because many of the curriculum available to purchase are created with these philosophies in mind. As you start learning more about your educational options, you will hear Charlotte Mason, Classical, Montessori, Eclectic, Traditional, and more. There is also the freedom to teach our children the Orthodox Faith, which is the main reason to homeschool.

Check out these websites for more information:

[www.saintemmelia.com](http://www.saintemmelia.com)

[www.saintkosmas.org](http://www.saintkosmas.org)

[www.amblesideonline.com](http://www.amblesideonline.com)

[www.thecmec.org](http://www.thecmec.org)

<http://illumination-learning.com/main/homeschooling>

With us, everything should be secondary compared to our concern with children, and their upbringing in the instruction and teaching of the Lord.

— St. John Chrysostom

## THE SOYO (TEENS 13-19):

### St. George, Toronto Chapter

Who are we?

SOYO—Society of Orthodox Youth Organizations

We are a dynamic group of Orthodox Christians that provides teens with the opportunity to grow spiritually with fellow SOYO members within the community.

We focus on Spiritual, Fundraising, and Bonding Activities for ages 13-19.

Throughout all of our events, the teens will create a bond that will be unbreakable!

Join us on the **first Sunday** of every month at **7:00 pm** for SOYO SUNDAYS!

During our SOYO Sundays, we will have Spiritual Discussions featuring Abouna George and guest speakers. Our discussions are focused on teen experiences in the 21st century.

Are you between the ages of 13-19?

Do you want to get involved?

Do you want to see behind the scene photos?

Do you have any questions?

Join our WhatsApp group for direct communication for all our events.

Contact your Youth Advisors!

Angela Ghazal: 416. 720.0308 Or Fady Freiga: 647. 892.6136



[toronto.soyo@gmail.com](mailto:toronto.soyo@gmail.com)



## THE LADIES KNITTING CIRCLE:

The Ladies Knitting circle has been knitting and crocheting prayer shawls and baby blankets as well as scarves and hats for the needy for the past four years.

We knit and crochet these items and donate them to local charities and shelters in the GTA. We sew on each item a tag: (With our prayers, The Ladies Circle, St George Antiochian Orthodox Church, Richmond Hill ). We are a group of six ladies, and we have donated so far a little more than 500 items to shelters like St John the Compassionate, the Scott Mission, the Red Doors Family Shelter, the Jessie's and the Nellies.

The ladies are grateful for the generous monetary contributions to our project. However, they would appreciate any help in knitting and crocheting. We will provide the yarn and instruction for anyone who can help us out in this noble cause.

We usually donate our work at the end of November, just before Christmas. It is so rewarding to give to others, and the more items we donate, the more happiness and warmth we bring to others. Please try to help us out with your knitting.

Anybody interested in helping, please contact any of the following ladies. Thank you all.

Diana Abdo	416.498.5207
Soumaya Barghout	416.502.2489
Samia Beidas	416.756.1835
Mona Dorkhom	416.626.9166
Mona Zaccak	416.510.2183
Souad Zarifeh	416.840.8601



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