

Lord Jesus Christ, our God, who art the source of life and peace in heaven and on earth, pour out the grace of your peace on a world troubled by war and hatred.

Extinguish the differences and enmity between humans and pour into the hearts of all humility, peace, and goodness. Calm the warriors and give them wisdom.

Give help to the suffering, protection to the refugees or homeless, comfort to the alienated and sorrowful, and give us all the will and strength to help, with all our hearts, our brothers and sisters who suffer from war.

You said: Blessed are the peacemakers, for they will be called children of God. Teach us to seek to acquire peace of heart and peace among men and peoples, for, in the heart in which peace is found, there is no longer enmity, love of dominion or fear, but the consolation of the Holy Spirit, love of God and love of our neighbors.

For this we humbly pray to You, O Christ our God, for peace among men in every country, for peace among peoples, and for the welfare of the whole world, that we may live in harmony and may work without hindrance deeds pleasing to You, glorifying the philanthropic love of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen.

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Happy Birthday to



Rayan Jinbaz Sep 10



Mia Musharbash Sep 21



Luke Qubti Oct 7



Natalie Petro Oct 10



Victoria Bahou Oct 14



Tymur Mikaberidze Oct 16



Elias Obeid Oct 19



Rodi Hantoush Oct 26



Rakan Wahab Oct 28



Alfred Saker Nov 2



Nicole Farah Nov 15



Emma Shaheen **Nov 29**



Anthony Assaf Nov 3

Hanna Al Dahoul

Nov 22



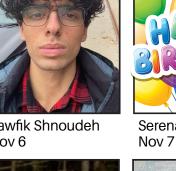
Jad Alawabdah Nov 4

Sophia Shahine

Nov 24



Tawfik Shnoudeh Nov 6





Peter Novratidis Nov 25



Serena Hantoush





The Nativity Fast

In the beginning, God created the heavens and the earth. The earth was without form and void, and darkness was upon the face of the deep; and the Spirit of God was moving over the face of the waters. And God said "Let there be light"; and there was light.. (Genesis 1:1–3)

Unlike the Canadian culture, which celebrates from now until Christmas, with celebrations ending promptly on December 26, the Orthodox Church celebrates the Nativity throughout the year. Our joyful part of the celebration in this season is supposed to be from December 25 through January 7. November 15 through

December 24 is a period of fasting and reflective preparation. The focus is neither shopping nor decorating, but meditating on the awesome miracle of the Son of God taking on flesh and becoming one of us. This is why we call the holiday either the Nativity (to commemorate an historical event) or the Incarnation (to recognize the spiritual significance of the Nativity). Each day of the forty day fast, we can examine the scriptures of the Nativity and attend church services in a prayerful and purposeful way. As we begin our journey to the Nativity, remember these three things—God made us in His image and likeness; we fell through sin; and through the Incarnation (which begins the earthly ministry of Christ that culminates in His Passion and Resurrection from the dead), we are reunited with Christ, as the Creator comes to live among His creation and redeem us from our sins.



Oct, Nov, Dec 2023

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Happy Birthday to



Christina Gostanian Dec 1



Katrina Hallak Dec 2



Jack Hallak Dec 10



Cynthia Alawabdeh Dec 12



Nicole Alnaser Dec 20



Martin Sheikhalshabab Dec 24



Daniel Madanat Dec 30



Stephan Assaf Dec 31

